



## Barbara McGowan

Guy's and St Thomas' NHS Foundation Trust, UK

### • Education

Period	Affiliation	Position
- 2003-2007	Imperial London	Ph.D.
- 1993-1998	Royal Free Hospital London	M.B.B.S.
- 1984-1988	Oxford University	B.A.

### • Affiliations / Experience

Period	Affiliation	Position
- 2009-2024	Guys & St Thomas's Hospital	Professor of Endocrinology and Diabetes

### • Committee Memberships

- International Society for Endocrinology
- EASO Obesity Management Task Force
- ESE Policy and Advocacy Task Force

### • Publications

- Once-weekly Semaglutide in Adults with Overweight or Obesity, Wilding, McGowan *et al*, 384:989-1002 DOI: 10.1056/nejmoa2032183
- Liraglutide 3.0 mg in the treatment of adults with obesity and prediabetes using real-world UK data: A clinical evaluation of a multi-ethnic population. Dobbie *et al*, McGowan, *Clinical Obesity*
- Effectiveness of integrating a pragmatic pathway for prescribing liraglutide 3.0 mg in weight management services (STRIVE study): a multicentre, open-label, parallel-group, randomized controlled trial Papamargaritis, McGowan *et al*, *Lancet Regional Health* <https://doi.org/10.1016/j.lanpe.100853>
- ( Laparoscopic adjustable gastric banding with liraglutide in adults with obesity and type 2 diabetes (GLIDE): a pilot randomised placebo controlled trial C. Coelho, L. Dobbie *et al*, B McGowan. *Int J Obesity*, doi: 10.1038/s41366-023-01368-4
- Real world data of a digitally enabled, time restricted eating weight management program in public sector workers living with overweight and obesity in the UK, A. Brown, *et al*, McGowan. *Obesity Science and practice* 10 (1), e730 DOI: 10.1002/osp4.730