



Mary Easaw

Cardiac Vascular Sentral Kuala Lumpur, Malaysia

• Education

Period	Affiliation	Position
– 2012-2014	Liverpool John Moores University – United Kingdom in collaboration with MAHSA College	M.Sc.
– 2007-2009	Liverpool John Moores University – United Kingdom in collaboration with IJN College	Professional Diploma Cardiovascular Thoracic Sciences (International)
– 1978-1982	JBAS (formerly known as SIET College) University of Madras, Chennai, India	B.Sc.

• Affiliations / Experience

Period	Affiliation	Position
– 2024-Present	Monash University, Kuala Lumpur	Adjunct Senior Lecturer
– 2023-2024	PICASO Hospital Kuala Lumpur	Senior Manager & Consultant Dietitian
– 2019-2024	CVSKL Hospital	Consultant Dietitian
– 2019-2023	International Medical University, Kuala Lumpur	Senior Lecturer
– 1993-2019	National Heart Institute, Kuala Lumpur	Chief Dietitian & Senior Manager

• Committee Memberships

- Malaysian Dietitian Association
- Nutrition Society of Malaysia
- International Affiliate of the Academy of Nutrition & Dietetics
- National Heart Association Malaysia

• Publications

- Vatana V Sundar, Shu Hwa Ong, Mary Easaw P M Easaw, Winnie Siew Swee Chee. Sarcopenia with co-existent type 2 diabetes mellitus is associated with worse clinical outcomes among hospitalized cardiac patients Clinical Nutrition ESPEN (Journal)
- Vatana V Sundar, Siti Farhath Sehu Allavudin, Mary Easaw P M Easaw. Factors influencing adequate protein and energy delivery among critically ill children with heart disease in pediatric intensive care unit Clinical Nutrition ESPEN (Journal)
- Easaw M, Ramli J, Mustafa MN, Wan Norzahrin WM, Salmah K, Pang WL and Ho SF. Patient Food Safety Goals: From the farm to the patient's Table. Malaysian Journal Of Public Health Medicine Vol 9 (Supplementary 2)
- Easaw M. The challenges of Optimizing Diet Among People with Diabetes-The Malaysian Experience, Journal of the Medical Association of Thailand Volume 88 Suppl. 6