International Congress on Obesity and MEtabolic Syndrome hosted by KSSO





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Education

Period	Affiliation	Position
- 2017	Kyungpook National University Graduate School, School of Medicine	Ph.D.
- 2011	Kyungpook National University Graduate School, School of Medicine	M.S.
- 2006	Kyungpook National University Graduate School, School of Medicine	B.S.

Affiliations / Experience •

Period	Affiliation	Position
– 2020-Present	Department of Family Medicine, Daegu Catholic University School of Medicine	Associate professor
– 2020	University of California, Irvine, School of Medicine	Visiting scholarship

Committee Memberships •

- Information Committee, Korean Society for the Study of Obesity

Publications

- Smoking cessation and risk of metabolic syndrome A meta-analysis. Medicine 2024;103:22(e38328)
- Age-specific association of physical activity on visceral obesity: Cross-sectional study. Obesity Medicine 48 (2024) 100542
- Association between Smoking and Symptoms of Late-Onset Hypogonadism in Korean Men. Korean J Fam Pract. 2024;14(1):11-18
- Effect of Carbohydrate-Restricted Diets and Intermittent Fasting on Obesity, Type 2 Diabetes Mellitus, and Hypertension Management: Consensus Statement of the Korean Society for the Study of Obesity, Korean Diabetes Association, and Korean Society of Hypertension. Diabetes Metab J 2022;46:355-376
- Pharmacotherapy in obesity: the current state and the near future. J Korean Med Assoc 2022 August; 65(8):514-531