



Jean-Pierre Després

VITAM – Research Centre on Sustainable Health, Canada

• Education

Period	Affiliation	Position
– 1984-1986	University of Toronto, Toronto, ON, Canada	Ph.D.
– 1982-1984	Université Laval, Québec, QC, Canada	M.Sc.
– 1980-1982	Université Laval, Québec, QC, Canada	Ph.D.
– 1978-1980	Université Laval, Québec, QC, Canada	B.A.

• Affiliations / Experience

Period	Affiliation	Position
– 2012-Present	Department of Kinesiology Faculty of Medicine Université Laval, Québec, QC, Canada	Full Professor
– 2004-2012	Department of Social and Preventive Medicine – Kinesiology Faculty of Medicine Université Laval, Québec, QC, Canada	Full Professor
– 1996-2004	Department of Food Sciences and Nutrition Faculty of Agricultural Sciences and Nutrition Université Laval, Québec, QC, Canada	Full Professor
– 2000-2004	Human Nutrition, Lipidology and Prevention of Cardiovascular Diseases Université Laval, Québec, QC, Canada	Chair Professor
– 1994-1996	Department of Physical Education Faculty of Education Sciences Université Laval, Québec, QC, Canada	Professor

• Committee Memberships

- American College of Sports Medicine
- American Diabetes Association
- American Heart Association
- Association francophone pour le savoir (Acfas)

• Publications

- Adiposity, type 2 diabetes and atherosclerotic cardiovascular disease risk: Use and abuse of the body mass index. Arsenault BJ, Carpentier AC, Poirier P, Després JP. *Atherosclerosis*. 117546 PMID: 38692978
- Cardiovascular-Kidney-Metabolic Health: A Presidential Advisory From the American Heart Association. Ndumele CE, Rangaswami J, Chow SL, Neeland IJ, Tuttle KR, Khan SS, Coresh J, Mathew RO, Baker-Smith CM, Carnethon MR, Despres JP, Ho JE, Joseph JJ, Kernan WN, Khera A, Kosiborod MN, Lekavich CL, Lewis EF, Lo KB, Ozkan B, Palaniappan LP, Patel SS, Pencina MJ, Powell-Wiley TM, Sperling LS, Virani SS, Wright JT, Rajgopal Singh R, Elkind MSV; American Heart Association. *Circulation*. 148(20):1606-1635. PMID: 37807924
- BMI versus obesity subtypes in the era of precision medicine. Després JP. *Lancet Diabetes Endocrinol*. 11(6):382-384. PMID: 37068507
- Cardiometabolic Health Outcomes Associated With Discordant Visceral and Liver Fat Phenotypes: Insights From the Dallas Heart Study and UK Biobank. Tejani S, McCoy C, Ayers CR, Powell-Wiley TM, Després JP, Linge J, Leinhard OD, Petersson M, Borga M, Neeland IJ. *Mayo Clin Proc*. 97(2):225-237. PMID: 34598789
- Management of Obesity in Cardiovascular Practice: JACC Focus Seminar. Després JP, Carpentier AC, Tchernof A, Neeland IJ, Poirier P. *J Am Coll Cardiol*. 78(5):513-531. PMID: 34325840